

The Prayer of Jesus: Secrets of Real Intimacy with God

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Review by Cindy Buntin

How is your prayer life? Do you enjoy intimacy with God? Do you ever feel like you don't know how to talk with God? Do you sometimes use prayer to try to get what you want from God? Or, do you seek an intimate relationship with Him, one that desires to know Him more?

There have been many books written on prayer, but this short book cuts straight to the heart of prayer. It uses the example Jesus gave in Matthew 6:9-13 when His disciples asked Him how they should pray. "Our Father in Heaven, hallowed be Your name. Your kingdom come, Your will be done on Earth as it is in Heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."

The author uses the acronym F-A-C-T-S to help us when we pray. F=Faith; A=Adoration; C=Confession; T=Thanksgiving; S=Supplication. He also answers the question people have been asking since the beginning of time: If God already knows everything, then why do we need to pray?

The author explains that God made us to be in relationship with Himself. He loves us so much that he wants to be close to us. He wants to be Lord of our lives. In order for us to know God's will for our lives, we must seek an intimate relationship with Him, and that means "secret" prayer. In Matthew 6:5-6 Jesus says "But when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you they have received their reward in full. When you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you."

If you desire to be closer to God, and want to have a thriving relationship with Him, I highly recommend this book! Hank Hanegraaff's *The Prayer of Jesus: Secrets of Real Intimacy with God* will show you that a vibrant prayer life is the key. This excellent book gives us the tools we need to have an intimate relationship with God through prayer.